

The training course has been designed for those who:-

- have been or are interested in developing work with young women and/or young mothers in local communities.
- have some experience of working with girls or young women
- are involved with a youth/community group or organisation
- are committed to addressing issues affecting young women
- have a recognised community/youth work training and/or equivalent experience of work with young women in communities

For further information please contact

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INVESTOR IN PEOPLE



Principles and Practice

Of Work with Young Women

Accredited Training Programme





YouthAction Northern Ireland is a voluntary Youth Development Agency committed to the social and economic inclusion of young people. Work with Young Women and Young Mothers are priority areas of work for the Agency. We aim to encourage young women to value themselves, develop their abilities and potential and help them understand and challenge the prejudice which they encounter in their lives.

Work with young mothers specifically is about supporting young mothers to take the first step back into the world of education, training, employment and encourage greater participation in communities.

This programme explores a range of methods for putting these principles into practice in working with young women.

Principles and Practice

Of Work with Young Women

This programme aims to build the capacity of those committed to work with young women and/or youth mothers in order to develop and support work in local communities.

NIOCN ACCREDITED COURSE

This level 3 accredited course offers:-

1. A details theoretical and practical training programme on developing work with young women and/or young mothers.
2. 2 Units, yielding 4 credits at level 3 Northern Ireland Open College Network
3. 8 full days training covering:-
 - Society and Gender Roles
 - Patriarchy, Sexism and Strategies for Challenging Sexism
 - Feminism and the Women's Movement in Northern Ireland
 - Young Women and Their Roles in Northern Ireland Today
 - Development of Work with Young Women in the Youth Sector
 - Developing Equal Opportunities Policy and Practice
 - Participatory Youth Work Skills and Methods
 - Community Development Models of Youth Work Practice with Young Women
4. Support to structure and deliver a 30 hour accredited programme on topics such as communication and assertiveness, parenting, young women's health, job skills etc. with a group of young women and/or mothers utilising the underlying principles and practice of single gender work with young women. There will be a small contribution to programme costs such as childcare expenses.